SAVLIS

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SA WELLBEING LEADERS IN SCHOOLS 2023 ANNUAL CONFERENCE







AUDREY MASON-HYDE

Identity and gender: how schools wellbeing staff can better support LGBTQIA+ children and young people.

Audrey is an actor, slam poet, activist, workshop facilitator, and public speaker. As a 12-year-old, Audrey created and performed a TEDx talk, "Toilets, Bow-ties, Gender and Me", about their experience of gender. The video now has over 1.3 million views.

KIRRILIE SMOUT

Addressing Anxiety: Update on evidence-based treatment for anxiety symptoms & disorders in children and young people.

Kirrilie is the director of Developing Minds, a psychology practice specialising in working with children and teenagers. Over 250 families benefit each week from face-to-face sessions, community education and low intensity mental health programs.

DR ZALI YAGER

Empowering schools to promote positive body image and wellbeing in children and young people.

Zali is an internationally recognised expert on body image, and the Executive Director of Embrace Collective in partnership with Taryn Brumfitt (2023 Australian of the Year). She consulted to Taryn on the EMBRACE KIDS film and co-wrote the Embrace Kids book.

Date: Friday, 26th May, 8.30am – 3.30pm **Venue:** Lakes Resort, Brebner Drive, West Lakes -

8356 4444 (Room discount for members. Quote 'SAWLIS Conference'.)

Stalls: Booksellers, speaker publications, sensory items.

